



NEWSLETTER

February 28, 2011

COACHES CORNER

Novice/Age Group Prep Groups News

By Coach Jennifer Reagan

February proved to be an even better swimming month than January! The Novice/Age Group Prep group continued to improve upon stroke technique of all four strokes. The swimmers even learned a few new drills to add to their repertoire.

As the swimmers continue to master certain drills, I will add new drills to the mix to further fine-tune their strokes. Keep in mind that at this level it is important not to rush into a lot of yardage but rather to spend time developing the most hydrodynamic strokes. Once again the practices were highly attended by all despite the crisp temperatures!

We attended the West Coast Aquatics meet the weekend of Feb 19th and 20th in San Jose. Despite the rain and cold the swimmers swam well. Ellie Sidebotham (7yrs.) swam to almost all personal bests. She swam a very impressive 100 I.M. Ryan Reagan (7 yrs.) improved 4 out of 7 of his events. He managed to drop almost 12 seconds in the 50 butterfly making a new B time. Super big congratulations to these two youngsters!

We are looking forward to the time change in a couple of weeks and then some warmer spring weather. Please check your meet schedule for upcoming meets!

Thank you again families for making practices a priority. Each practice builds upon the one prior to it. Keep up the great attendance record!

... Coach Jennifer

Editor's Note: If you have any ideas for items you'd like to see in the team newsletter, please send a message to Kristin King at: creativekeys@gmail.com

Entry Group News

By Coach Kristin King

The Entry Group has been doing a really good job this winter with their continued improvement of their freestyle and backstroke elements. I keep them moving with new drills that are a little more difficult, and some classic drills that they enjoy.

Congratulations to **Nathan Renggli** (8 yrs.) who swam in the West Coast Aquatics meet on February 20th and got his B time for the 50 freestyle event right off the bat! Nathan joined the Makos in early November 2010 and is off to a great start. This was Nathan's very first swim meet and he handled it very well. Now he's working towards his B time for the 25 backstroke which he's less than 2 seconds away from acquiring. **Great job Nathan!**

The Entry Group also welcomed another new swimmer in February. Jack Barr joined us and is excited about being a new Mako swimmer. Welcome to the team Jack!

Thank you to all the Entry Group parents who continue to support their child by consistently bringing them to practice each week!

UPCOMING SWIM MEETS:

March 5-6; C/B/A+, Hosted by: Team Wave, in Morgan Hill

Mar 6; Zone All Star Meet – in Pleasant Hill

March 31-April 3; Far Westerns, Hosted by: Almaden Swim Club, in Morgan Hill

April 8-10; C/B/A+, Hosted by: MH Makos (first long course meet of the season)

April 30; 10 & Under Championships, Hosted by: MH Makos (short course) in Morgan Hill

May 14-15; C/B/A+, Hosted by: Slug Aquatics, in Santa Cruz (long course)

Morgan Hill Swim Club's 50th Celebration

By Tari Mitchell

Our 50th Anniversary Celebration will be Saturday, October 1st, from 5-8 pm. We hope you have marked this date on your calendars! We would like to see **ALL** Mako families attend. Please help us spread the word to anyone you may know that has been a part of the Morgan Hill Swim Club in the past. Have them e-mail their name, address, and the amount of years they swam with the team to 50years@morganhillmakos.com so we can send them an invitation. You can now find all the details of this event on our website. (Check often as any and all updates will be posted frequently!)

PLEASE HELP!! Our first fundraiser for this event will be a basket raffle at our April 8-10 meet. Information has been sent out regarding what we need to make this fundraiser a success. If you need it again, you can find it in the Mitchell Family folder at the pool. We would appreciate any help you can give by: purchasing an item, collecting a donation, or donating a small amount of money for us to purchase items for these baskets. We have only heard from a small portion of our membership so far, but we are going to need help from every family for this to be a success. Contact Tari if you have any questions about how you can help. **Please hurry...we only have a few more weeks to get this together! Thank you!**

For any questions, ideas or comments regarding our anniversary celebration, upcoming fundraiser, OR if you would like to help in any way, please contact Tari Mitchell at makosevent@gmail.com or 408-612-1353

The Makos Need YOU

The Makos team still needs parent volunteers in the following areas:

- Ways and Means Director – See Eric Sidebotham
- Meet Coordinator – See David Pride
Assist the Meet Director with the necessary functions that take place at swim meets.
- Sponsorship Coordinator – See Eric Sidebotham
This role includes finding businesses and companies to sponsor the Makos; either by making monetary donations, or by donating products or services.

These roles will satisfy your annual requirement of 36 volunteer hours per family.

Commemorative T-Shirt Design Contest!

By Susan Pfefferlen

The 50th Anniversary Committee would like to invite all Makos swimmers to submit a drawing to commemorate our team's 50th anniversary! The winning picture will be chosen by a combination of a few board members and parents whose children did not submit a picture.

The winning picture will be used on our annual team t-shirt, and on the meet programs that we'll be creating for all 6 meets we're hosting this calendar year.

Rules and entry forms have been handed out at practice and can also be found in the Pfefferlen family folder on deck. Forms can also be downloaded off of the Makos website.

Please e-mail spfefferlen@yahoo.com with any questions. **Entries will be accepted until March 15, 2011.** The winner will receive a commemorative t-shirt free of charge, and a gift card to NorCal Swim Shop! **Good luck!**

Mako Dads Poker Night!

Mark your calendars! **March 12th, 2011** is the night for the Mako dads to gather for a fun evening of poker – a no limit Hold'em tournament! The event starts at 7:00pm, and will take place at the home of Ola and Maria Sjolund, Felix and Oliver's house. **More details to follow** -watch your email as the date gets closer!



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