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# MAKO WORLD

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March 2010

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## Attention all MAKOS Parents – Mandatory Parent Meetings

This month we are holding mandatory 30 minute parent meetings in the Aquatic Center Meeting Room. We need at least one parent from each family to come to the meetings being held during your child's group practice. The first one is for the **Entry Group on March 10 at 4:00pm**. The **Novice Group meetings will be held on March 11 at 4:00pm**, the **Age groups will be on March 16 at 5:00pm**, and the **JR/SR Group meetings will be March 18 at 5:00pm**.

We have some exciting changes and responses to requests that we have been working toward for some time, and we are looking forward to meeting with you. One of the main topics will be communication, so your participation and input on that will be very important.

## Volunteer Corner

Volunteer logs for 2009 need to be turned in to Volunteer Coordinator, Victoria Cruz, as soon as possible. They can be left in the Volunteer folder on the deck. She will be sending bills for incomplete hours, so please turn them in promptly.

In addition, the MAKOS will be hosting a meet at our pool on Saturday and Sunday, May 1 and 2 and all families are needed to run the meet, even if your child is not swimming. A list of volunteer opportunities will be available in the binder on the pool deck by March 15.

For more information, contact Victoria Cruz at 665-9100 or [avcruz1@verizon.net](mailto:avcruz1@verizon.net).

## News from the President

I hope that everyone has survived the cold wet winter. I can't wait for the warmer weather! Things around the pool are looking good, with the concrete on schedule to be poured as soon as the rain stops and the mud dries up.

As some of you know we have had to say goodbye to Coach Petra and her boys, as they move to Oregon. We have put together something for her to remember us by, and are going to have a get together on the pool deck. We'll keep you posted on that date, so I hope you will make it to this practice and have a chance to wish her well.

We would like to say welcome aboard to our newest coach – Coach Kristin. Kristin King is another one of our MAKOS moms that has really stepped forward to help us out. She has recently become a Pacific Swim official as well as a new coach. She is coaching the Entry Level swimmers on Monday and Wednesday, so be sure to give her a warm welcome.



## Goodbye from Coach Petra

As most of you know last week was my final week of coaching for the MAKOS. One and a half years ago when I heard Coach Scott was in need of extra help to train our youngest swimmers, I didn't hesitate to offer to help. I had experience working with kids through volunteering at school, doing boot camps for kids at the CRC and organizing a couple of youth races, including a triathlon and a running event. So I was excited to take on this coaching job! After a couple of months of coaching I started developing great relationships with my swimmers and it was amazing to see the progress they made on a monthly and sometimes even weekly basis. It is really incredible what kids can accomplish with the right attitude, hard work, consistency and caring coaching. I honestly enjoyed every minute of it (OK, sometimes the cold and rain made it challenging!), and I'm going to miss both the children and the coaching very much.

As far as my groups are concerned, I was able to get most of the swimmers of the Novice 2 group ready to move up to coach J.K.'s pre age group. These swimmers are: Samantha Lee and Michael and Samuel van Rhijn. They have been working really hard and I'm very proud of their accomplishments. Congratulations!

The Novice 1 group has also been making a lot of progress and I hope they keep that up all through the winter. Right now the group includes Michael Pham, Karinne Leong, Luke Malech, Gabe Grant, Kailani Simms and Ricardo Ramirez. All of these swimmers have great potential and I want to urge their parents to keep up attendance so the swimmers have a chance to build their endurance and be challenged even more.

My family and I are moving up to Portland, Oregon, my husband's home town. We really love it there, and it has been a long time dream to move back. There are some great swim teams in

the Portland area, so hopefully my kids will continue swimming. And who knows? I might land a coaching job up there!

## Welcome Coach Kristin

The Morgan Hill Swim Club would like to welcome Kristin King as the newest member of the coaching team. Kristin is married and has two children, Kendal and Clayton. Kendal has been on the Entry Group team for the past year, and hopes that her brother will want to swim for the MAKOS when he turns six later this month.

Kristin was a high school varsity swimmer, and swam for the Tandem Computers corporate swim team. Kristin is also a USA Swimming Stroke and Turn Official representing Zone 1 South for the Morgan Hill MAKOS.

Coach Kristin began on March 1, 2010, and is looking forward to the great opportunity to encourage the Entry Group team towards the world of competitive swimming while having fun all at the same time!

## **Meet Results – Gilroy C/B/A February 27-28**

The rain and cold weather Saturday did not dampen the MAKOS' performance! The team averaged almost 75% Personal Best (PB) times. Sunday the weather was a bit nicer, the sun even broke thru a few times, and the team pushed 85% PB swims, with a few HUGE drops and big qualifying times.

Dana Getreu, 14, swimming in the 'B' division, scored two 5<sup>th</sup> places, one in the 200 Free and one in the 200 IM. She also snagged a 3<sup>rd</sup> place with a PB in the 100 Fly, dropping her time almost eight seconds in that event. Brandon Pride, 9, swam to 4 personal best times in 7 events, and earned a new Pacific Swimming (PC) 'B' time in the 200 Free. Shelby, Mitchell, 13, swam in seven events, scored 100% personal bests, and placed well up in her division with one 4<sup>th</sup> place, two 3<sup>rd</sup> places, and four first places.

Mackenzie Mitchell, 12, managed a 'perfect' meet as well, with eight personal best performances in eight races, placing in all swims with two 6<sup>th</sup> places, one 5<sup>th</sup>, one 4<sup>th</sup>, two 3<sup>rd</sup> places and two first places in the 'C' and 'B' divisions. Her 47+ second drop in the 100 back was good for a new PC 'A' time, and her 50 Free swim was good for another 'A' time!

Kaitlin Rooney, 10, zoomed off to 5 personal bests in 7 events, scoring with three 5<sup>th</sup> places in the 'A' division, and earning a new Pacific Reportable Time (used to compile PC's top swimmer lists at the end of the season) in the 100 Back, and got a couple new Junior Olympic (JO) times in the 200 Free and 100 Breast as well.

Lauren Akin, 12, earned six PB's in eight events, scored in seven of eight in the 'A' division, met two new JO times, and her 8+ second improvement in the 500 Free met the 'Q' time for the Far Western Championship coming up the end of the short course season.

Now it's getting to be time for last ditch qualifying efforts, and getting very close to the Championship Season!!

## **Meet Schedule**

### **MARCH**

March 13-14 San Jose Aquatics CBA

March 22, 25, 26, 29, April 1, 2 Mini MAKOS at our pool\*\*

March 26 -28 JOs

### **APRIL**

April 8 – 11 Far Westerns at our pool (Revised workout schedule for that week to come.)

### **MAY**

May 1 – 2 Our Long Course Meet – all hands on deck for this one CBA

May 8 -9 Stanford Sr. Meet

May 15 -16 Santa Cruz SLUG meet CBA

May 29 -30 San Jose WEST Coast Meet CBA

### **JUNE**

June 12-13 San Jose Aquatics CBA

June 26 – 27 San Jose Valley Splash CBA

### **JULY**

July 15 – 18 JOs

July 28 –Aug 1 Far Westerns

\*\* More summer meets to be posted... also some mini meets.